



# INDIAN ASSOCIATION OF PHYSICAL MEDICINE AND REHABILITATION – KERALA CHAPTER MIDTERM CONFERENCE-2025



# REGAIN 25

Healing The Brain, Regaining Life !

Jointly Organized by

Department of PMR,  
Government Medical College Kannur  
with Thanal Brain and Spine Medcity under the  
aegis of Kannur Physiatry Club



29 – 30 November 2025 | Kannur – Kerala

#### CONFERENCE AT :

Marmara Beach House Payyambalam,  
Kannur, **Date: 29 November 2025**

[Click here for the location](#)

📍 MARMARA BEACH HOUSE

#### WORKSHOPS AT :

Thanal Brain And Spine Medcity, Kanjirode  
Kannur, **Date: 30 November 2025**

[Click here for the location](#)

📍 THANAL BRAIN AND SPINE MEDCITY



REGAIN 25

# Healing The Brain, Regaining Life !

AN INVITATION FOR YOU



Get ready to mark your calendars as the Midterm Conference of the Indian Association of Physical Medicine and Rehabilitation (IAPMR) Kerala Chapter - **REGAIN 2025** is happening this November 2025!

We're so excited to invite you to join us for REGAIN 25 at Kannur! This fantastic two-day event is coming up on **November 29th and 30th, 2025**.

The Department of **Physical Medicine and Rehabilitation, Govt. Medical College Kannur** is teaming up with the Physiatrists from Thanal Brain and Spine Medcity, and under the banner of the Kannur Physiatry Club to host this year's midterm conference.

We'd be absolutely thrilled to have you join us. And the second day, November 30th, is packed with some great workshops at Thanal Brain and Spine Medcity, without additional registration!

**See you in Kannur!**

Just a quick reminder: **The dates are November 29th and 30th, 2025!**

## DAY 01

### ACADEMIC PROGRAMME

Venue : Marmara Beach House, Payyambalam, Kannur

Time : 12:00 PM to 5.30 PM

**Post - Laryngectomy Voice  
Rehabilitation**

**Dr. Divya G.M**

Professor, Department of ENT, GMC Kannur

**Neurophysiology of  
Cognition**

**Dr.Saritha Shenoy**

Professor, Department of Physiology, GMC Kottayam

**Cognitive Dysfunction-  
Assessment and Rehabilitation**

**Dr. Navin B.P**

Assistant Professor, Department of  
Neurorehabilitation, NIMHANS Bangalore

**Panel Discussion on  
Pharmacotherapy in  
TBI Rehabilitation**

**Dr. Jaya Das**

Associate Professor, Department of PMR,  
St. John's Medical College, Bangalore

**Dr. K.M Mathew**

Senior Consultant & Head, Department of PMR,  
Aster Medcity, Kochi

**Dr. Roy R. Chandran**

Professor, Department of PMR, GMC Calicut

**Moderator-Dr Sreejith Choorapra**

Consultant Psychiatrist

Thanal Brain and Spine Medcity, Kannur

## DAY 02

### WORKSHOPS

Venue : Thanal Brain and Spine Medcity, Kanjirode, Kannur

Time : 9:30 AM to 1.30 PM

- **Rehabilitation Perspective of Neurogenic Dysphagia- Assessment, Clinical and Instrumental Evaluation, and Rehabilitation**
- **HDU based Acute Neurorehabilitation in TBI**
- **Recent advances in Neurorehabilitation-Robotics and Virtual Reality**

**For the latest updates on conference and workshops,  
please visit our website: [www.iapmrkerala.com](http://www.iapmrkerala.com)**

**Please make your plans well in advance to be part of the conference.**

**Dr. P. Selvan**

President, Kerala Chapter  
of IAPMR  
Mob: 94473 03550

**Dr. M.S Sonu Mohan**

Secretary, Kerala Chapter  
of IAPMR  
Mob: 90376 29993

**Organizing Chairman:****Dr. Sooraj Rajagopal**

Professor & HOD-Department of  
PMR Govt.Medical College,  
Kannur

**Organizing Vice Chairman:****Dr. Prakash K.V**

Junior Consultant  
District Hospital Kanhangad

**Organizing Secretary****Dr. Hemalata**

Associate Professor  
Department of PMR  
Govt.Medical College, Kannur

**Organizing Joint Secretary****Dr. Muneer Chalil**

Consultant Physiatrist  
Thanal Brain and Spine Medcity,  
Kannur

## HOW TO REGISTER

Registration is necessary to attend the conference. When you register you become eligible for entry to all the academic sessions and workshops, inaugural event, gala dinner, conference kits, accessories and great hospitality. There is no separate registration for the workshops.

Registration is easy. You can fill the registration form and make payment through UPI (scanning QR code), NEFT or online transaction. After completing the payment, kindly attach the screenshot of the payment in the registration form when prompted.

**A/C NAME-KERALA CHAPTER OF IAPMR**

**AC/NO- 176010801200028**

**IFSC CODE--KSBK0001760**

**BANK DETAILS- KERALA STATE CO OPERATIVE BANK LTD**

**PARIYARAM MEDICAL COLLEGE**

## WHO CAN ATTEND

Physiatrists/Residents/Trainees in the field of Physical Medicine and Rehabilitation, and Physicians from other specialties.



**REGAIN 25**



**EARLY BIRD REGISTRATION TILL:**

**OCT**



**2025**

**Click for Registration:**

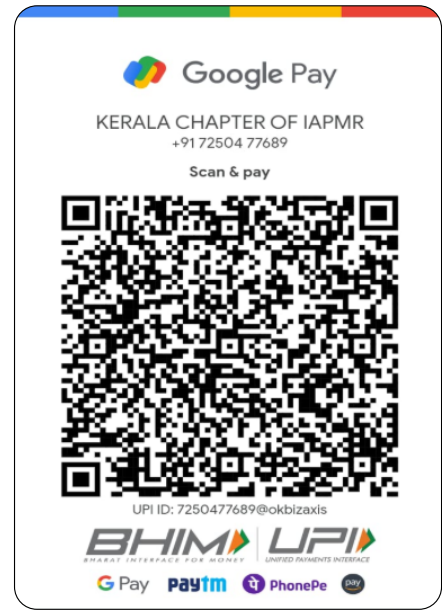
<https://forms.gle/KHWX8gojfvsum52S8>



During registration, you will be asked to mark your priority order for the workshops. As the three workshops are scheduled simultaneously, each delegate will be ensured access to one workshop of your choice. Please indicate your workshop preferences by ranking them as 1, 2, and 3 in order of priority.

Allocations will be on first-come, first-served basis. If your first preference is full, you will be automatically registered for your subsequent preferences. There is no separate registration for workshops.

Please note: Registration for the 'HDU based Acute Neurorehabilitation in TBI' Workshop is limited to 30 participants only.



Please Scan the QR Code for payment

## REGISTRATION TARIFF

REGISTRATION	REGISTRATION FEE		
	Early bird Upto OCT 31st	Regular NOV 1st to NOV 28th	SPOT On NOV 29th
IAPMR MEMBER (LIFE MEMBER)	₹ 2,500	₹ 3,000	₹ 3,500
NON MEMBER	₹ 3,000	₹ 3,500	₹ 4,000
PG STUDENT (PG TRAINEE MEMBER)	₹ 2,000	₹ 2,500	₹ 3,000
PG STUDENT (NON-MEMBER)	₹ 2,500	₹ 3,000	₹ 3,500
ACCOMPANYING PERSONS	₹ 1,500	₹ 1,500	₹ 1,500
SENIORS - AGE ABOVE 60 YEARS	₹ 2,000	₹ 2,000	₹ 2,500

# ORGANIZING COMMITTEE

## Patrons

### Dr. Sairu Philip

Principal GMC Kannur

### Dr. Jayaram M.C

Retd HOD PMR-DH Kannur,  
DH Waynad, ACME Pariyaram

Former President IAPMR

Kerala Chapter

### Dr. C.P Sreedharan

Retd. Chief Consultant Kerala  
Health Services

## Organizing Chairman

### Dr. Sooraj Rajagopal

Professor & HOD, Dept of PMR,  
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## Organizing Secretary

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Associate Professor, Dept of PMR,  
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## Scientific Committee

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## Treasurer

### Dr. Sabir P.

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## Registration Committee

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### Dr. Dilshath Raihana K

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## Reception/ Venue and floor

### Dr. Maya Gopalakrishnan

Medical Officer, Urban Health &  
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### Dr. Sreejith Choorapra

Consultant Psychiatrist  
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### Dr. Vinni

Senior Resident, Dept of PMR  
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### **Accommodations and transport**

#### **Dr. Manoj**

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District Hospital, Kannur  
Mob: 9400103583

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#### **Dr. Jiya Thomas**

Consultant Psychiatrist  
Thanal Brain and Spine  
Medcity, Kannur  
Mob: 9656949656

### **Finance**

#### **Dr. Prakash K.V**

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District Hospital Kanhangad  
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#### **Dr. Asha E.K**

Consultant District Hospital  
Kanhangad  
Mob: 9447449363

#### **Dr Kavya Balakrishnan**

Senior Resident  
Dept of PMR, GMC Kannur  
Mob: 99957 83216

### **Cultural Programs**

#### **Dr. Asha E.K**

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#### **Dr. Bindhu V.B**

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